

Revive Our Hearts™

RAHAB

TRACING THE THREAD
OF REDEMPTION

Leader Guide





Dear Friend,

Welcome to the Women of the Bible series!

We're excited you've chosen to lead women through *Rahab: Tracing the Thread of Redemption*. Our hope is that the women you lead will learn that God is near and ready to rescue us through His Son, Jesus. This is true no matter what we've done or what has happened in our past. **Hope is possible because Jesus has made redemption possible.**

As you step out to lead, remember that God is with you. He uses all kinds of leaders who depend on Him. He doesn't require you to have a certain personality, a particular spiritual gift, or years of experience to produce life-changing fruit from this study. **It will be your teachable heart, humility, authenticity, prayerfulness, and genuine love that becomes the channel of blessing for your group's members.**

Our confidence to lead comes from knowing that the Word of God will always accomplish its purpose ([Isa. 55:11](#)). You can trust the Holy Spirit to provide all you need to serve Jesus ([2 Pet. 1:3-4](#)). **From beginning to end, it's God's work—and we get to participate in it!**

If you're new to leading a group and aren't sure where to start, we've got you covered! We've created a handbook, *Small Group Leadership Made Simple*, with answers to the questions you may be asking—and answers to a few you may not have thought to ask. If you're considering a virtual Bible study, our [5 Easy Tools for Online Community](#) infographic will help you compare digital platforms and select the one that meets your group's needs.

Included in this guide to *Rahab: Tracing the Thread of Redemption*, you'll find:

- Prompts to prepare your heart to lead.
- A suggested schedule for your group time.
- Ideas for setting expectations and growing in community.
- General tips for leading a women's Bible study.
- Optional activities to spur growth and personal application.

Your commitment to shepherd women as they dig into God's Word matters. We're behind you and we trust that the Lord will work in the hearts of the women in your group, as well as your own heart, in the weeks ahead.

Cheering for you,

Leslie Bennett

Director of Women's Ministry Initiatives for *Revive Our Hearts*



As you seek to equip women through *Rahab: Tracing the Thread of Redemption*, here are some suggestions:

PREPARE YOUR HEART TO LEAD

- **Commit to prayer.**

If possible, pray daily for your members by name. Pray for wisdom and sensitivity to know how best to serve them. Ask God to show you how to lead them in love. Have a holy expectation that God will transform lives through His power and presence.

- Consider identifying a Scripture passage to pray over the group throughout the study. Here are some suggestions:

- **Titus 2:11 – 14**
- **Psalms 103:1 – 6**
- **2 Corinthians 5:17**

- **Cultivate life-giving leadership.**

Being a leader isn't a status to be earned; it's an invitation to follow Jesus and die to self (**John 12:24–26**). A leader is a servant who willingly lays down her life in order to see Christ grow in her family and in her group members. She dies to her desire to be liked, admired, and for leading to be easy. When a leader's confidence is in Christ instead of herself she will trust that God is weaving His perfect plan even when it appears to be unraveling.

- **Lead in honesty and humility.**

When we lead out of weakness, God's glory shines brightest (**2 Cor. 12:9–10**). Share out of your own walk with God.

When you are honest about your own spiritual struggles, you invite others to be open as you grow together in grace.

Even the sharpest leader isn't expected to know everything, so when you're asked a question you cannot answer, be truthful.

Commit to finding the answer and report back to the group the following week.

Optional Prep

- Check out Nancy DeMoss Wolgemuth's audio series "[Rahab and the Thread of Redemption](#)," which offers expanded teaching on how God chooses an unlikely woman to showcase His redemption.
- Tune in to the *Women of the Bible* podcast hosted by Erin Davis, and share it with your group members. In sessions that feel a lot like grabbing coffee with your favorite wise women, Erin and friends walk with you through the study and share their own journeys of God's redemption. Erin's guests include Lisa Whittle, Leslie Bennett, and Paulina Torres. Episodes are also available on video. Listen to or watch Season Four here: [Rahab at ReviveOurHearts.com/Rahab](https://www.reviveourhearts.com/Rahab).



TIPS FOR LEADING WELL

- **Share the load.**

Leaders aren't superheroes, so let's not pretend to wear a mask and cape. Let members share the load. Consider delegating tasks like group communication, keeping attendance or prayer requests, hosting, or preparing snacks. As you create opportunities to serve, you're developing members to lead in the future.

- **Go for the feast (skip the snack).**

When it comes to discussion, without steady leadership women may discuss all kinds of things *except* the pure Word of God. But why waste time snacking on junk food when there's a banquet spread out in the pages of Scripture? It's up to you, fearless leader, to keep the discussion on track.

God's Word is the plumbline for all of life. You are training women to walk in God's ways with Scripture as their ultimate authority. At times, your group may wrestle to understand difficult parts of Scripture. That's good. Bible study is a process of becoming grounded in truth—not filling in blanks on a page.

- **Liven up a sleepy group.**

Every leader experiences times when the group members seem half-asleep. To spark the discussion (without a jolt of caffeine!), try rephrasing a question or invite someone to share an incomplete thought. Learn to embrace a few moments of silence while women collect their thoughts. Lean on a member who's typically prepared and enthusiastic to share. Or share a tidbit from your own study to get their mouths moving.

- **Be ready to pivot.**

Experiment with different ways of leading to find what works best. Let your group know you'd rather they show up unprepared than stay at home. Be generous in giving grace but keep expecting them to dig deep into the Word on their own.

- **Develop relationships.**

The most memorable and impactful groups have fun, laugh, and even cry together (keep tissues handy!). As you are able, have a touchpoint with individual members or with the group as a whole between meetings. When possible, find time to roll up your sleeves to serve your church and community together or to connect outside the study time for fellowship.

You'll find more tips in the leader resources available at ReviveOurHearts.com/leaders.



CREATE A PLAN FOR A POSITIVE GROUP EXPERIENCE

Sample Schedule

15–30 MINUTES | CONNECT

- Encourage community.
- Offer refreshments (optional).

45–60 MINUTES | DISCUSS

- Start consistently on time.
- Welcome everyone warmly and open in prayer.
- Lead the discussion using the group questions at the end of the resource as a guide.

5–10 MINUTES | WRAP-UP

- Introduce next week's topic.
- Clarify the homework assignment.
- Relay your enthusiasm for the truths we'll glean as we dig into the study and meet again.

15–30 MINUTES | PRAY

- Pray for each other.
- End consistently on time.
- Invite members to linger for informal fellowship (optional).

ALTERNATIVE SCHEDULE

Some groups prefer a slower pace with shorter meetings. To create a twelve-week *Rahab* study, we suggest dividing the lessons into two sessions each. Cover days one through three in the first session. In the second session, cover days four and five, then watch or discuss the podcast episode. Be creative and make adjustments along the way.



SET EXPECTATIONS FOR GROWING IN GOD'S WORD

Consider asking your group to affirm these prompts at the first meeting or at each meeting.

We will:

- Listen intently to one another.
- Respect different perspectives.
- Create a safe place where each woman can be known and loved.
- Join the discussion without dominating.
- Keep what is shared confidential.
- Refrain from using this study to criticize people or complain about circumstances.

PLANNING TO LEAD *RAHAB*: TRACING THE THREAD OF REDEMPTION

Bookends: Memory Verses and Red Thread Verses

Each week of the *Rahab* study begins with beautiful hand-lettered artwork of the memory verse. We hope your group will prioritize rehearsing and memorizing all six verses. Concluding each week is a Red Thread verse that highlights the good news of God's redemption from Genesis to Revelation. Each week's verses are listed here as a handy reference:

Memory Verses

- Week 1 **Joshua 1:9**
- Week 2 **Romans 10:13**
- Week 3 **Lamentations 3:22**
- Week 4 **Isaiah 1:18**
- Week 5 **Psalms 46:1**
- Week 6 **2 Corinthians 5:17**

Red Thread Verses

- Week 1 **Genesis 3:10, 21**
- Week 2 **Genesis 22:13-14**
- Week 3 **Exodus 12:7, 13**
- Week 4 **Isaiah 1:11, 18**
- Week 5 **Romans 5:8-9**
- Week 6 **Revelation 1:5-7**



Small Group Discussion

Questions to guide the group's conversation are found in the *Rahab* Bible study on pages 127–129.

Play Up the Color Red

Have fun with color as you study Rahab. On page 75 of the Bible study, you'll learn that the word “scarlet” is used nearly fifty times in the Bible.

- Wear red clothing or accessories at the first meeting.
- Each week, spotlight a different group member. Ask her to choose a red object that represents something special in her life, and give her five minutes to share.
- Create a red bookmark.

Stories of Redemption

Through Rahab's story, women will view God's saving grace with fresh awe. This Bible study is an opportunity to equip women to be ready to share the hope they have in Jesus with friends and loved ones who don't know Him.

Week 2 presents the power of God through stories that give Him glory and draw people to Him. If time allows, invite women to share with the group a “God-story” that showcases His redeeming love.

In Week 6, you'll find a tool to help you write a two-minute testimony. Consider meeting for an additional session to rehearse and celebrate the life testimonies of your group members.



